

Name:
DOB:
Gender:

ACCESSION #:
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SAMPLE TYPE:
DOCTOR/PATIENT ID:
DATE COLLECTED:
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TEST	RESULTS			
Array 10-90 - Multiple Food Immune Reactivity Screen **	IN RANGE (Normal)	EQUIVOCAL*	OUT OF RANGE	REFERENCE RANGE (ELISA Index)
DAIRY and EGGS, Modified				
Egg White, cooked	0.73			0.0 - 2.11
Egg Yolk, cooked	0.57			0.0 - 1.01
Soft Cheese + Hard Cheese	0.69			0.1 - 1.71
Yogurt		1.28		0.0 - 1.51
GRAINS, Raw and Modified				
Rice, white + brown, cooked	0.38			0.1 - 1.31
Wild Rice, cooked	0.84			0.2 - 1.11
Wheat + Alpha-Gliadins	1.04			0.0 - 1.61
BEANS and LEGUMES, Modified				
Black Bean, cooked	0.64			0.0 - 1.31
Bean Agglutinins	0.56			0.2 - 1.51
Dark Chocolate + Cocoa			1.02	0.2 - 0.91
Garbanzo Bean, cooked	0.72			0.2 - 1.81
Kidney Bean, cooked			0.82	0.0 - 0.81
Lentil, cooked	0.41			0.1 - 1.51
Pinto Bean, cooked	1.01			0.0 - 2.01
Soy Sauce, gluten-free			2.67	0.1 - 2.31
Tofu	0.91			0.0 - 1.51
NUTS and SEEDS, Raw and Modified				
Almond, roasted	0.26			0.0 - 0.61
Cashew		1.91		0.0 - 2.51
Flax Seed	0.47			0.0 - 1.31
Mustard Seed	0.59			0.4 - 1.51
Peanut, roasted	0.40			0.1 - 0.71
Sesame Oleosin	0.55			0.1 - 1.21
Sunflower Seeds, roasted	0.67			0.2 - 1.51
Walnut	0.87			0.4 - 1.31

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VEGETABLES, Raw and Modified				
Asparagus, cooked	0.87			0.1 - 2.21
Beet, cooked	0.46			0.0 - 2.31
Bell Pepper	0.63			0.0 - 1.71
Broccoli	0.87			0.0 - 1.81
Cabbage, red + green	1.16			0.3 - 1.81
Canola Oleosin	0.51			0.4 - 1.31
Carrot			1.65	0.5 - 1.51
Cauliflower, cooked	0.63			0.0 - 1.01
Celery		1.56		0.2 - 1.81
Chili Pepper	0.60			0.2 - 1.11
Popped Corn	0.84			0.1 - 1.91
Eggplant, cooked	0.84			0.0 - 1.91
Garlic	0.62			0.0 - 1.21
Green Bean, cooked	0.74			0.1 - 1.51
Lettuce	0.77			0.1 - 1.51
Mushroom, raw + cooked	0.94			0.0 - 2.11
Onion + Scallion	0.88			0.1 - 2.31
Pea, cooked	0.64			0.0 - 1.21
Potato, white, cooked (fried)	0.80			0.1 - 1.61
Pumpkin + Squash, cooked	0.86			0.0 - 1.71
Radish	0.96			0.1 - 1.71
Spinach + Aquaporin	0.50			0.0 - 1.31
Tomato Paste	1.21			0.5 - 2.11
Yam + Sweet Potato, cooked	<0.60			0.2 - 1.21
Zucchini, cooked	0.44			0.2 - 0.81
FRUIT, Raw and Modified				
Apple	0.91			0.2 - 1.51
Avocado	0.66			0.2 - 1.11
Banana	0.57			0.0 - 1.51
Blueberry	0.67			0.1 - 1.61
Cantaloupe + Honeydew Melon	0.69			0.1 - 1.21
Coconut, meat + water	0.36			0.0 - 1.11
Grape, red + green	0.30			0.2 - 1.01
Lemon + Lime			1.95	0.0 - 0.81
Orange			1.78	0.2 - 1.71
Peach + Nectarine	0.90			0.2 - 2.01
Pear	0.68			0.2 - 2.11
Pineapple	1.15			0.0 - 2.71
Strawberry	1.08			0.3 - 2.31
Watermelon			1.66	0.1 - 1.61

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FISH and SEAFOOD, Raw and Modified				
Cod, cooked	1.10			0.1 - 2.21
Salmon, cooked	0.56			0.0 - 1.91
Tuna	1.45			0.1 - 2.71
Tuna, cooked	0.46			0.1 - 1.31
Whitefish, cooked	0.85			0.1 - 1.41
Crab + Lobster, cooked	0.70			0.2 - 1.41
Clam, cooked		2.39		0.0 - 2.41
Shrimp, cooked		1.20		0.1 - 1.51
Shrimp Tropomyosin	0.59			0.0 - 1.41
MEAT, Modified				
Beef, cooked medium	1.76			0.0 - 2.81
Chicken, cooked			1.37	0.0 - 1.31
Pork, cooked	0.25			0.0 - 1.01
Turkey, cooked	0.84			0.1 - 1.31
Meat Glue	0.60			0.1 - 1.31
HERBS, Raw				
Basil	0.66			0.2 - 1.81
Cilantro	1.00			0.0 - 2.21
Oregano	0.56			0.0 - 1.21
Parsley	0.88			0.0 - 1.61
Rosemary	0.70			0.2 - 1.51
SPICES, Raw				
Cinnamon	1.18			0.3 - 1.71
Ginger	0.92			0.1 - 2.51
Turmeric (Curcumin)	0.91			0.3 - 1.71
Vanilla	0.78			0.0 - 2.81
GUMS				
Carrageenan	0.60			0.1 - 1.11
Xanthan Gum	0.69			0.2 - 0.91
BREWED BEVERAGES and ADDITIVES				
Honey, raw +processed	0.67			0.1 - 1.31
Food Coloring	0.57			0.5 - 1.11

* Reference ranges are calculated based on the mean ± 2 standard deviations (SD). Results > 1 SD, and < 2 SDs above the mean are considered to be equivocal. An equivocal result represents the range between negative and suspicious low positive results. Results > 2 SDs are considered out of range, and positive.

** For details on the method of cooking, please see specification sheets. All analytes are tested for IgG and IgA combined.

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