

**Test Report : Order of Reactivity**

|                        |               |                        |            |
|------------------------|---------------|------------------------|------------|
| <b>Patient Name:</b>   | Sample Report | <b>Analysis Date:</b>  | 08/06/2017 |
| <b>Patient Number:</b> | 101           | <b>Test Reference:</b> | 444        |
| <b>Date of Birth:</b>  | 01/01/2000    |                        |            |

**ELEVATED FOODS (≥30 U/ml)**

|     |            |    |             |    |                  |
|-----|------------|----|-------------|----|------------------|
| 102 | Milk (Cow) | 44 | Wheat       | 33 | Cola Nut         |
| 80  | Rice       | 42 | Gliadin*    | 33 | Yeast (Brewer's) |
| 59  | Barley     | 38 | Potato      |    |                  |
| 48  | Egg White  | 34 | Milk (Goat) |    |                  |

**BORDERLINE FOODS (24-29 U/ml)**

|    |           |    |            |    |        |
|----|-----------|----|------------|----|--------|
| 29 | Hazelnut  | 26 | Cashew Nut | 24 | Carrot |
| 29 | Pistachio | 25 | Cranberry  |    |        |

**NORMAL FOODS (≤23 U/ml)**

|    |                      |   |              |   |                          |
|----|----------------------|---|--------------|---|--------------------------|
| 18 | Peanut               | 4 | Apricot      | 0 | Brussel Sprout           |
| 17 | Corn (Maize)         | 3 | Mustard Seed | 0 | Cauliflower              |
| 17 | Oat                  | 3 | Pineapple    | 0 | Cherry                   |
| 15 | Bean (Red Kidney)    | 2 | Lime         | 0 | Garlic                   |
| 15 | Bean (White Haricot) | 2 | Walnut       | 0 | Grape (Black/Red/White)  |
| 14 | Durum Wheat          | 1 | Broccoli     | 0 | Grapefruit               |
| 14 | Egg Yolk             | 1 | Chickpea     | 0 | Lemon                    |
| 14 | Ginger               | 1 | Cocoa Bean   | 0 | Olive                    |
| 14 | Soya Bean            | 1 | Lentil       | 0 | Orange                   |
| 13 | Pea                  | 1 | Mushroom     | 0 | Peppercorn (Black/White) |
| 10 | Almond               | 1 | Pear         | 0 | Raspberry                |
| 9  | Brazil Nut           | 0 | Apple        | 0 | Strawberry               |
| 9  | Rye                  | 0 | Asparagus    | 0 | Tea (Black)              |
| 8  | Onion                | 0 | Banana       | 0 | Tea (Green)              |
| 7  | Coffee               | 0 | Blackberry   | 0 | Tomato                   |
| 6  | Yeast (Baker's)      | 0 | Blackcurrant |   |                          |
| 5  | Chilli (Red)         | 0 | Blueberry    |   |                          |

\* Gliadin (gluten) is tested separately to the gluten-containing grains. If your Test Report shows an elevated reaction to gliadin, it is important to eliminate consumption of foods that contain these grains, even if the grain results are not elevated. Please refer to the Patient Guidebook for further information.